

## THE HARPENDEN SANATORIUM.



SISTER EMMA GOODIN.

"But the children began to be sorely weary, and they cried unto Him that loveth pilgrims to make the way more comfortable."

—*Pilgrim's Progress.*

Nothing is sadder than the waste of child life from preventable causes, foremost amongst which must be placed tuberculosis, and any agency which is striving to combat this disease in children on

sound and successful lines deserves well of the public.

Such an institution is the Harpenden Sanatorium in connection with the National Children's Home and Orphanage, at Harpenden, Herts.

The Sanatorium is the natural development of the work of the Home which was established more than forty years ago, while the Sanatorium has only recently issued its first report.

As the work grew and records became available for statistical purposes, it was found that three-fourths of the children who had died in the Home had died from consumption, and that within a few years of leaving it others had died from the same cause. It was, indeed, inevitable that tuberculosis should be rife in a community of children coming from crowded and insanitary homes, who had suffered privation in their early years, and most of whom had a bad physical inheritance; but it was necessary, in the interests of the healthy children as well as of delicate ones with a predisposition to contract infection, that these sufferers from tuberculosis should be removed

to some place where they could have the special care and treatment their condition required.

The Committee of the Home therefore decided to undertake further responsibilities and to build a Sanatorium for the reception of these cases at Harpenden, and this House, dedicated "to the glory of God and the service of sick children," was opened on June 8th, 1910. The patients were drawn for the most part from other branches of the Home, and a few were received through the Invalid Children's Aid Association. The children do not lose the benefit of regular teaching, as those well enough to do so attend the school superintended by Miss Harger, a certificated teacher who has made a special study of open-air teaching. The Sister-in-Charge is Sister Emma Goodin, whose portrait appears on this page, and who for 25 years has worked amongst the children of the Home with the greatest devotion. Sister Helen Suart has

charge of the Girls' Wing and Sister Dora Tydeman of the Boys' Wing.

Through the good offices of Dr. Kelynack, medical adviser to the Home, we are able to publish also the accompanying picture showing the exterior,



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with the verandah, and our readers will agree that it is a very charming one.

In his report of the first year's work of the Sanatorium, Dr. Kelynack states that chief reliance has been placed on continuous exposure to fresh air, unrestricted access to sunlight, an abundant supply of carefully selected and well-cooked food, regulated rest, graduated play and exercise, carefully chosen and controlled work for such as are fit, scrupulous obedience to all necessary hygienic procedures, and constant, skilled supervision. Drugs and other agencies are employed as required, and the well-equipped baths are of the greatest importance and value.

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